



**Two Boats School**

# Newsletter

Friday 24<sup>th</sup> May 2024



Hello Everyone,

This week we welcomed two new students to TBS, Charlie Boulet in Year 4 and her younger brother Arthur Boulet in Year 1. Both students have settled in well and are making new friendships. We hope both students will enjoy their time here with us.



## Dental Screening

Dental screening for students will take place on Tuesday and Wednesday next week. Please don't forget to return the signed permission slip to ensure your child gets seen.

## Rock Garden

We hope that all the students have their rocks and are busy painting them in readiness for our rock garden to brighten up the front of our school. Whilst this is a voluntary activity, it would be lovely to see every student taking part.

## House Points

The house cup has changed hands this week with Elliots taking it away from Cronks. Well done Elliots!



## Stars of the Week

Zyah Lawrence was awarded the award for Primary and Kaya Pare' for Secondary. Congratulations to both students.



The House Captains have organised an inter house volley ball tournament which is currently underway during lunchtime. It is lovely to see the students bringing their competitive spirit and working as a team. Currently in the lead is Cronks. With two matches still to play there is still time for Elliots and Dampiers to lift the trophy.

Thank you to the House Captains under Tarell's leadership for making this happen.

Good luck to all teams for the forthcoming matches!

This morning the whole school took part in our termly fire evacuation procedure. I am pleased to report that all the students and staff were out in record time, shaving off 10 secs from our previous one. These drills are an important part of school life and are carried out so that should a real fire occur we will all know that we can get out safely and quickly.

I know that most parents and visitors to school are aware of our signing in and out procedures but please could I just remind all that it is important you continue to do this.





Two Boats School

# Newsletter

Friday 24<sup>th</sup> May 2024



The work for the drainage project has restarted and the contractors are now on school site completing this. As this our busiest examination session, I am liaising with Jimmy at Concept so that work does not disrupt the running of our exams. Ollie, Gary and Kelman didn't pass up an opportunity to have their photo taken after our Fire Drill.



That's it for this week.

Tania Maggott  
Head Teacher



## Well-being



Taking care of your mental wellbeing is as important as taking care of your physical wellbeing. Our wellbeing can affect how we feel about ourselves, how we feel about others and how we feel about the things we face in our lives. It can change from moment to moment, day to day or month to month. Sometimes our wellbeing changes because of things that happen to us and sometimes it changes without a clear reason.

Different people find different things harder or easier to cope with. The **5 ways to wellbeing** offer some simple steps which you can do every single day:



TALK & LISTEN,  
BE THERE,  
FEEL CONNECTED



DO WHAT YOU CAN,  
ENJOY WHAT YOU DO,  
MOVE YOUR MOOD



REMEMBER  
THE SIMPLE  
THINGS THAT  
GIVE YOU JOY



EMBRACE NEW  
EXPERIENCES,  
SEE OPPORTUNITIES,  
SURPRISE YOURSELF



Your time,  
your words,  
your presence

Relaxation techniques, meditation, or yoga can help manage stress and enhance mental and emotional well-being. Yoga can be very effective in developing coping skills and reaching a more positive outlook on life.



*Stay happy, healthy & content,  
from Year 10 :)*