



Two Boats School

Newsletter

Friday 10th February 2023



Hello Everyone,

This week is Children’s Mental Health week with the theme of Let’s Connect - see below from the charity Place2Be who organises the week in the UK.

Human beings thrive in communities, and this connection is vital for our wellbeing, and our survival. When we have healthy connections – to family, friends and others – this can support our mental health and our sense of wellbeing. And when our need for rewarding social connections is not met, we can sometimes feel isolated and lonely – which can have a negative impact on our mental health.

Let’s Connect is about making meaningful connections for all, during Children’s Mental Health Week - and beyond.

For Children’s Mental Health Week 2023, we’re encouraging people to connect with others in healthy, rewarding, and meaningful ways.

Here at TBS we have had Paul (Social worker) in talking to a number of students during PSHE lessons. Some lessons have had a well-being focus and there have been a number of activities taking place during the lunch time (more details in the Year 9 page). Thank You to Mrs Giles for organising and coordinating the week.



Safer Internet Day

Tuesday 7th February was Safer Internet Day, Paul (Social Worker) and Jason (SURE Business Manager) came in to talk to the students about Cyber Bullying and staying safe on the internet. Thank you to both of you for working with us to raise awareness of this issue in an effort to keep our students safe.



Packed Lunches at TBS

Wednesday 8th February saw the start of what we hope can be a continuous exciting venture for us here at School. In collaboration with the NAAFI we had the first delivery of school lunches. Students and staff who had ordered lunches were delivered their lunch in their own personalised NAAFI bag. The majority of the feedback was very positive. We suggested some new ideas for the menu, which Naafi has kindly included for us.



Thank You to Colin and his team for offering us this service. It is very much appreciated!



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International Women and Girls in Science Day

International Women and Girls in Science Day (10th February) - to achieve full and equal access and participation in science for woman and girls, this is a day celebrated annually. Here at school we held a Science Club for the girls in Primary school in the hope of inspiring and fostering a love of science from an early age. They spent their lunch time in the Science Lab taking part in some fun science experiments under the mentorship of Izzy (Year 10 Triple Science student) and Aaliyah a budding Year 7 Scientist. Thank you to both girls for giving up your Lunchtime to help and support Miss Henry and me. The girls enjoyed the club and had lots of fun!



As you can see it has certainly been a busy week at TBS.

That's it for this time.

Tania Maggott
Head Teacher



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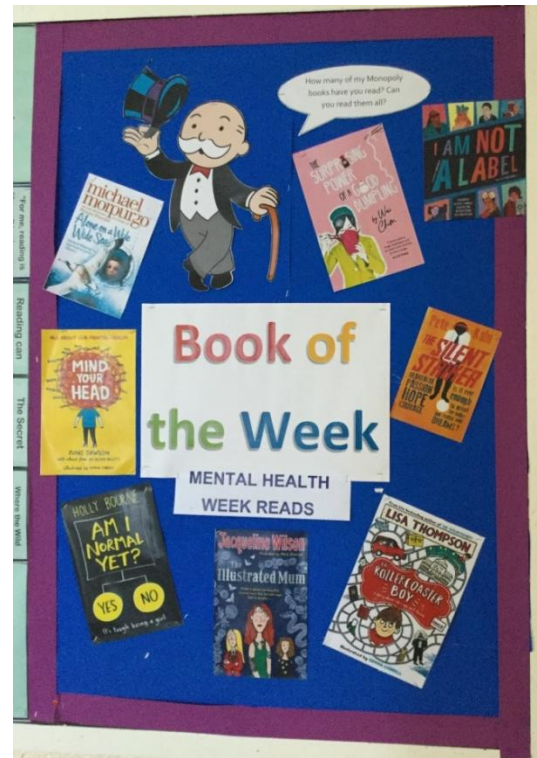
Hello from Year Nine!

Soon we will have to pick our GCSE options so we have been thinking hard this week about what subjects to take. It's an important decision. But this week has been super busy for lots of reasons and we have a lot of thank yous to say! As well as lessons here's what we have been up to.

Yesterday we went on a trip to Encompass as part of our work in Geography, looking at sustainable energy. Thank you to Miss Wilson, Mr Arnold and the staff at Encompass, we really enjoyed our visit.

It was International Women in Science Day on Tuesday – thank you to Mrs Maggott and Miss Henry for running the science club at lunch, the experiments were awesome!

We had a talk from Paul and Jason about cyberbullying on Tuesday which was Safer Internet Day. Thank you for giving up your time to come and talk to us.



This week we have also been celebrating Children's Mental Health Week. The theme this year is "Let's Connect". Having good relationships with friends and family is important for our mental health, and sharing our hobbies with others is a great way to connect. Our school council organised a music jam session and a football match, and some of us led a Zumba session at lunch too. Even Mrs Giles joined in!

We have also taken part in art sessions making paper chains, sharing postcards and painting rocks.

Rangers and Scouts have started up again, so we have been completing our camp skills badges, having cookouts and learning about trails and tracking.





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The new library books arrived last week and we could barely wait for Mrs Giles to catalogue them to get our hands on them. Here we are in the library. Reading can be really good for our mental health too.



And to top it all off, it was our assembly this morning where we shared with the whole school why connecting with others is important for our wellbeing.

Phew! What a busy week!

